

## Mani, Patrick

---

**From:** Mani, Patrick  
**Sent:** Tuesday, April 13, 2010 1:08 PM  
**To:** 'Rebecca Mani'  
**Subject:** Sharon called back I can get in Thursday to the Santa Ana Guy

### Review on James Fiore (Santa Ana guy)

We found Dr. Fiore by referral from my husband's sister. My husband went to Dr. Fiore because he was suffering from lower back pain. The pain was so bad that it was hindering his normal activities. After a couple treatments with Dr. Fiore my husband was back to his normal activities and was amazed at how well the treatment worked.

He explained to me how Dr. Fiore works. He said it was different than any other chiropractic experience. He was right. The first visit Dr. Fiore spends time explaining the body and how he performs his treatment. It is called the Blair Technique. He only adjusts the first two vertebrae in your neck. And explains how the body's energy supply can be cut off when the head and neck, he calls it the "cup and saucer," are not aligned. Adjust these two and the rest of the spine falls into place opening up the nerves and life fluid that runs down our spine.

He will not touch you the first day. He informs and educates you then he schedules an appointment for the following day or so. The next time you come back he does all kinds of tests to check your posture. Then he does x-rays on your head and neck. He uses only three pieces of equipment after your first visit.

I am a runner, rollerblader, and cyclist. I started experience pain on my left hip and my right knee and frequently experienced lower back pain. My workouts were either shortened or all together put off because of the pain. It turned out that my cup was off its saucer and that I was weighing 20 pound heavier on one side which was causing the problem between my opposite hip and knee. After my adjustment I was instructed to cut all my workouts in half. Great advice! I cut my run in half and because my muscles were not use to their new position I was sore.

Dr. Fiore will teach you all about chiropractic. More importantly he will explain the difference between traditional and the Blair technique. He is extremely reasonable and is passionate about what he does.

---

**Patrick Mani | Vice President B2B SALES**

Toshiba America | Digital Products Division

O:949-461-4570 | F:949-837-0685